



2008 Summer Softball Clinic West Haven - For Girls Ages 8-16

Call (860) 349-1771 or go to www.usaelitetraining.com

Location: West Haven
Little League Complex

Dates: Aug. 4-7, 2008 (Rain Date 8/8)

Time: All Skills 9am-noon
Pitchers & Catchers 12:30-3pm

Clinic Director: Jen Hapanowicz

Clinic Fee: All Skills Clinic \$129
Pitchers & Catchers \$109 or Both \$209
***Non-West Haven Little League/USA
Elite Members additional \$10 fee**

Clinic Staff & Format

The Clinic will be instructed by the clinic Director, Jen Hapanowicz and the USA's Elite Training Softball Coaching Staff. The players will be broken up into skill and age group during each clinic session.

For more information go to:

www.usaelitetraining.com call Jen Hapanowicz at (806)349-1771 or jen@usaelitetraining.com

All Skills Clinic Program

The daily program will emphasize drills to improve individual skill of throwing, fielding, the short game and, hitting. In addition, the fundamentals of each position (double plays, covering bases, cutoffs etc.) and defensive and offensive strategies will be covered. This program includes base running, sliding, selecting the proper equipment for the individual position and live game situations.

Pitchers & Catchers Clinic Program

The players just learning how to pitch will work on fundamentals of windmill pitching, mental aspect of pitching, and how to field their position. The advanced pitcher will work on explosion and strengthening drill, spins for various pitches, how to set batters up, and how to field their position. All pitcher speed will be checked via radar gun. The catchers will work on stance, receiving the ball, throwing, blocking, pick off plays, fielding bunts, pass balls, and how to call a game.

Registration Due by July 22th ✂



2008 Summer Softball Clinic West Haven - For Girls Ages 8-16

Name: _____

Age: _____ Date of Birth: _____

Medical Waiver Included: Yes No T-Shirt Size: _____

Address: _____

Town: _____ State _____

Zip: _____ Parents Name: _____

Email _____

Home Phone _____ Cell/dayphone _____

9am-12:00 All Skills Clinic
\$129 West Haven Players/Usa Elite Members Rate
\$139 Non-West Haven Players/Non- USA Members

12:30-3:00pm Pitcher/Catcher
\$109 West Haven Players/Usa Elite Members Rate
\$119 Non-West Haven Players/Non- USA Members
 Pitcher Catcher

Both Clinics
\$209 West Haven Players/Usa Elite Members Rate
\$219 Non-West Haven Players/Non- USA Members

Payment Options:

Check/Cash
(payable to USA Elite Training)

Visa/MC/Amer: Exp

CC# _____

Expiration Date: _____

Mail To: USA Elite Training, LLC,
45R Ozick Dr, Unit 16
Durham, CT 06422

Cancellation Policy:

14 days notice or no refund, no make up for illness. Medical injuries with Dr. note a credit will be provided.

Phone (860) 349-1771 / jen@usaelitetraining.com